



BAKERY CAFE
Bread. The way it *ought* to be.

OUR BREAD, YOUR WAY!
Your Choice of Bread With Any Sandwich



Make it your own!
Pick from our daily selection of handcrafted breads to make your sandwich unique.

CLASSIC SANDWICHES
Everyday Fresh Favorites. Served with a pickle



Classic Ham & Cheese
590-620 cal. \$8.50
Smoked ham with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

Classic Turkey
590-620 cal. \$8.50
Smoked turkey breast with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

Classic Roast Beef
600-630 cal. \$8.95
Roast beef with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

PB & J
640-700 cal. \$4.00
Local favorite featuring Reginald's Homemade Peanut Butter & Agriberry Jam.

BREAKFAST SANDWICHES

Warm Up Your Morning!

Breakfast Sandwich
670-750 cal. \$5.75
Start your day with a freshly made breakfast sandwich on your choice of handcrafted bread or a biscuit. Wake up your taste buds with either ham or bacon and your selection of cheese. (choice of any bread or biscuit, garlic herb spread, ham or bacon, egg, choice of cheese, and tomato, if desired)



SIGNATURE SANDWICHES

Freshly Made on Your Choice of Bread! Served with a pickle

Baja Chipotle Turkey
630 cal. \$8.95
Smoked turkey breast with a chipotle honey lime yogurt sauce, shaved cabbage, pickled red onions, tomato, avocado, pepper jack cheese, and salt & pepper mix served on Honey Whole Wheat bread.



Louisville Chicken Salad
700 cal. \$8.95
White meat chicken, pecans with a seasoned mayonnaise dressing. Served on Honey Whole Wheat bread with lettuce, tomato, onion, and salt & pepper mix.



Portobello Bahn Mi
560 cal. \$8.95
Roasted Portobello mushrooms marinated in soy, sesame, ginger, and garlic topped with a sesame-lime-sriracha mayo, shaved cabbage, carrots, cilantro, pickled red onions, and salt & pepper mix.



The Italian
650 cal. \$8.95
Shaved Genoa salami and smoked ham topped with a roasted red pepper black olive tapenade and provolone cheese drizzled with red wine vinaigrette. Served on White Bread with lettuce, tomato, onion, and salt & pepper mix.



Add Pepperoni \$1.50

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

SEE THE OTHER SIDE FOR HOT SANDWICHES, SALADS, AND SOUPS!

GRAIN BOWLS & SALADS

The greatest thing since sliced bread!



Mexicali Salad

290 cal. \$8.95

Mixed greens, smoked turkey breast, fresh avocado, shaved cabbage, cherry tomatoes, red onion, black beans, tortilla chips, cilantro, and our delicious house-made chipotle honey lime yogurt dressing.



Yardbird Salad

660 cal. \$8.95

Mixed greens, chicken, spiced seeds & nuts, roasted chickpeas, golden raisins, and Parmesan cheese topped with house-made avocado goddess dressing and cranberries.



Sesame Chicken or Portobello Grain Bowl

420 cal. \$8.95

Grilled chicken breasts, peanuts, and cashews on mixed greens & cabbage. Tossed with carrots, cilantro, sesame seeds, toasted wheat, quinoa, and our incredible house-made miso vinaigrette.



Midlo Chicken Salad Bowl

..... \$8.95

Mixed greens, spiced seeds & nuts, cranberries, golden raisins and parmesan. Topped with our house made chicken salad with spiced pecans.



Soup

Calories Vary Cup \$4.50... Bowl \$6.50

Daily varieties available with a slice of fresh bread from the breadboard.

HOT OFF THE GRILL

Get it hot, get it fresh, get it now! Served with a pickle

Midlo Melt

Grilled Cheese

740-850 cal. \$6.95

Our version of an old favorite, featuring your bread of choice, cheddar & provolone cheese, and a light taste of our garlic & herb spread. Add: smoked ham 50 cal. \$1.00, crispy bacon 30 cal. \$1.00, tomato 10 cal. no cost.



Spicy Apple Bacon

Grilled Cheese

680-730 cal. \$8.95

Featuring AR's Hot Southern Honey, melted sharp cheddar cheese & provolone, thinly sliced apples, and of course bacon.



Best Ever BLT

460-520 cal. \$8.95

Bacon, lettuce, tomato, and mayo between two slices of our grilled, freshly baked Honey Whole Wheat bread.



BBQ Chicken

Cheddar

620 cal. \$8.95

Grilled chicken breast, bacon, BBQ sauce, melted cheddar cheese, topped with lettuce, tomato, and onion. Served on your choice of bread.



DRINKS *Specialty drinks are in the cooler.*

Fountain Drinks

Great Harvest Tumbler Refill \$1.00

20 oz 190-220 cal. \$2.00

Bottled Drinks

See our selection in the Coca-Cola Fridge

0-240 cal. \$2.00 & Up

Coffee/Hot Tea

See our Espresso menu on hanging menu boards for our full selection of hot & prepared drinks

COMBOS *Make it a meal.*

Half Sandwich & Cup of Soup \$9.50

Soup & Half Salad \$9.50

Drink & Side Fountain drink & chips, cookie or fruit
..... \$3.00

Ask about our daily soup specials!

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